

TRAUMA COUNSELLING CONTACT DETAILS

South African Depression and Anxiety Group
Toll-free counselling line between 8am and 8pm 0800 567 567

Gauteng	KwaZulu-Natal	Western Cape
<p>FAMSA 011 975 7106/7 011 975 7108 086 641 6882 Email: national@famsa.org.za 15 Pascoe Avenue, Kempton Park</p> <p>Johannesburg Crisis: 011 728 1347 WhatsApp counselling line: 065 989 9238 Office: 011 728 1331 Email: lifeline@lifelinejhb.org.za 2 The Avenue, Cnr Henrietta Street, Norwood</p> <p>Soweto Dobsonville Crisis - 011 988 0155 C/o Tshapo-Themba Clinix Soweto Hosp.</p> <p>Funda Centre Crisis - 067 019 0845 Opposite Lesedi Private Hospital/Clinix 8642 Immink Street, Zone 6</p> <p>Diepkloof Meadowlands - 0741221485 Meadowlands Police Station,</p> <p>Alexandra</p>	<p>LIFELINE Crisis Line 031 312 2323 Office Line 031 303 1344 Office Phone : 031 303 1344 Crisis Phone : 031 312 2323 Lifeline: 38 Adrain Road & Annex 20 Percy Osborne Road, Stamford Hill, Durban</p> <p>Ukuba Nesibindi : (Call in Services) 23 Stratford Road, Warwick Junction, Durban</p> <p>FAMSA Durban 031 2028987 031 2028927 zama@famsadbn.co.za 30 Bulwer Road, Berea, Glenwood, Durban</p> <p>Pietermaritzburg 033 342 4945 famsapmb@sai.co.za 2nd Floor Gallwey House, 15 Gallwey Lane, PMB</p> <p>Port Shepstone (UGU District) 039 684 3045 ugu@famsa.org.za 9 Albersville Road, Port Shepstone</p>	<p>FAMSA 021 447 7951 082 231 0373 E-mail: famsa@famsawc.org.za Appointments: 021 447 0170 082 231 4470 9 Bowden Road, Observatory</p> <p>Khayelitsha 021 361 9098 E-mail: khayelitsha@famsawc.org.za 49 Ntsikizi Street, Ilitha Park</p> <p>Mitchell's Plain 021 391 6015 073 184 3623 famsamp@gmail.com Mini Mall, Symphony Walk, Town Centre</p> <p>Factreton 021 593 8074 famsafactreton@gmail.com Shawco Building, 155 12th Avenue, Kensington Elsies river 082 742 2159 famsaeriver@gmail.com St Martin de Porres Catholic Church Cnr Kasteelberg & Tafelberg Street,</p>
	Eastern Cape	

<p>Crisis: 011 443 3555 St Michael's Church, 8th Avenue, Counselling: 24 hr line 0861 322 322 011 728 1347</p> <p>CSV TRAU MA CLINIC 011 403 5650 Johannesburg: 33 Hoofd street, Braampark Office Building, Forum 5, Floor 3, Braamfontein</p> <p>Pretoria 357 Visagie street, Kutlw anong Democracy Centre, Crisis line 012-804-3619 / 0861-322-322</p> <p>Counselling (by appointment) 012-804-1853 Rape crisis line – 082-340- 2061 Trauma – 012-804-1853</p>	<p>MASITHE THE /LIFELINE East London 043 7437266 0840915410 3 St James Road, Southernwood</p> <p>Buffalo City 043 722 2000 Email: admin@masithethe.co.za 3 Craigellen Mansions, 3 Saint James Road, Southernwood, Mthatha, Eastern Cape.</p> <p>FAMSA Tel: (041) 585-9393 Fax: (041) 585-7015 Email: info@famsape.co.za 62 Western Road, Central Port Elizabeth</p>	<p>Bishop Lavis</p> <p>Dunoon/ Joe Slovo: 071 155 6536 Email: famsadunoon@gmail.com Cnr. Freedom & Hobe Road, Joe Slovo, Milnerton</p> <p>LIFELINE 021 461 1113 Crisis Line: 021 461 1111 info@lifelinewc.org.za training@lifelinewc.org.za</p> <p>TRAUMA CENTRE for Survivors of Violence and Torture 021 4657373</p> <p>Cowley House, 126 Chapel Street, Woodstock, Cape Town</p> <p>CAPE MENTAL HEALTH 021 448 8475 22 Ivy Street, Observatory, right next to the Station Road bridge on the Hartleyvale Stadium side of the railway line.</p>
<p>Limpopo</p>	<p>Mpumalanga</p>	<p>North West</p>
<p>FAMSA Tzaneen 015 307 4833 083 630 1165 admin@famsalimpopo.co.za a No. 8 Second Avenue, Medipark</p> <p>LIFELINE 24 HOUR COUNSELLING LINE 011 422 4242 0861 322 322</p>	<p>LIFE LINE 013 755 3606 8 Hope St, Sonheuwel, Nelspruit</p> <p>FAMSA Highveld Ridge (Secunda) 017 631 1593 071 363 4379 famsa@secunda.co.za Nelson Mandela Drive, Secunda, Silkaatskop, Besterecta 103.</p>	<p>FAMSA Potchefstroom 018 293 2272 018 293 2273 potch@famsa.org.za 018 297 1316 086 531 9574 3 Singer Street,</p> <p>LIFELINE 014 594 1455 admin@lifelinertb.co.za 156 Kloppe r Street, Rustenburg, NW</p>

	<p>Nelspruit 061 960 1549 famsanelspruit@vodamail.co.za 6 Bester Street North Nelspruit</p> <p>Dullstroom 013 254 0343 013 254 0158 E-Mail : famsa@dullstroom.net 384 Amajuba Street, Dullstroom</p>	
Free State		Northern Cape
<p>FAMSA BLOEMFONTEIN 051 525-2395 10 Strauss Street, Universitas,</p> <p>LIFELINE CENTRE 057 357 2212 072 068 8159 Hotline:0800 012 322 / 0800 150150 Round Table Community Centre 204 Koppie Alleen Road, Welkom</p>	<p>Komatie Poort Naas Office 081 865 5562 072 849 9452 Email: famsanaas@gmail.com Siboshwa Tribal Authority</p>	<p>LIFELINE 053 832 8533 Hotline: 0800 012 322 / 0800 150150 15 Angel Street, New Park, Kimberley, Northern Cape, 8301</p> <p>FAMSA Kathu – 053 723 1791 Springbok – 027 718 1810/1 Postmasburg – 076 452 5307 Kuruman – 053 712 3988 Calvinia – 027 341 2003 Prieska – 053 353 2536 Assmang – 053 723 8130</p>